

Great views of Ben Nevis from the Caledonian Canal

Steve Sim, May 2008

NEW RECIPE

Tree's Easy Cullen Skink !

Traditional soup (skink) from the village of Cullen on the Moray Firth

INGREDIENTS

Serves 6

- 50g butter
- 1 onion, diced
- 500g un-dyed smoked haddock (traditionally Finnan Haddock) skinned, boned and cut into 1cm pieces
- 300g peeled, diced potato
- 500ml milk
- 500ml vegetable stock
- 1 tblsp fresh parsley
- Freshly ground pepper
- Pinch of grated nutmeg



CULLEN SKINK

METHOD

- Melt butter over low heat and add onion. Gently cook for 5 minutes
- Add stock, milk and potatoes. Bring to the boil and simmer until potatoes are cooked
- Add haddock, parsley, pepper and nutmeg. Simmer for a further 5 minutes
- Put half the soup into another container and liquidise
- Return liquidised mixture to pan and reheat. Test for seasoning then serve

Serve with fresh warm bread and butter.

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CLOSING DATE 31ST JANUARY 2009



For 2009 we are committing to work towards the **GREEN TOURISM AWARD.**

Remember that fantastic food you had on your cruise???

Well Tree has finally put together the long awaited collection.....

FINGAL FEAST!

The price is £5.00 including postage and packing.

Phone the office with credit card details or send a cheque.



Tree has now headed South to visit family and friends in Suffolk before heading off to Africa in the New Year. She is planning to return to Fingal again next season, Hurray!!, Hopefully she'll bring volume 2 of her cook book "Anyone for Seconds".

Our bosun, **Richard or Bourney**, as he is known by many has now returned to university to finish his studies in Motor Sports Engineering. A happy face who may well return to the Fingal Crew.

Alan Beaton who has spent many weeks onboard this summer, spends the rest of the year outdoors! He is a keen telemark skier and is out whenever possible testing the snow at Cairngorm and Glenshee.

Dedicated Fingal Skipper **Dave** and his girlfriend Janey are heading down under to work in New Zealand in July. His winter job as a Snow Patroller means he will work their winter in Cardrona, Wanaka. He plans a Fingal return in 2010.

Lynne, who many of you have spoken to or e-mailed, is retiring this Christmas. Her love of the canal means she isn't far away....her house is at the top of Neptune's Staircase so give her a wave when you're on board again!

Carolyn from the office has just returned from a fabulous action packed month touring New Zealand. It's incredible what she managed to pack in. She is now back at work to recover.

Nix has just finished this Newsletter and her 1st year with Caledonian Discovery! She has enjoyed meeting many guests on her visits to the barge. Nix enjoyed a Classic Cruise in April.

We have recently welcomed **Lynda** to the office accounts team. She just loved her first Fingal adventure on a 4 day Mini-Cruise in September!

Other Staff News - Fergus, last season's bosun is touring around New Zealand following in the footsteps of **Steve** who did the job the year before. **Steve** now has residency in New Zealand though he did come home this year for a while and helped during our special "Sail Caledonia" week in May.

Euan from 2007 has been furthering his Outdoor Instruction Career working for HIGHLAND ACTIVITIES during the summer. He did manage a few weeks on board Fingal at each end of the season.